

Care Opinion Case Studies

We are working with Care Opinion to demonstrate the real stigma and discrimination people experience in the health and social care sector, as well as the good practice which is ensuring people get the help and support they deserve.

Nurse Attitude

“My daughter (who has mental health problems) visited the nurse at the health centre to have her hands looked at as she had burnt them with bleach due to her mental health. The nurse, who obviously has not got a clue about mental health and self harm, then said to my daughter after looking at her hands to “just don’t do it”.

“I feel that was a very unprofessional comment to make, I work in healthcare with the NHS and would never make a comment like that to someone with mental health issues.”

Professional's Response



Thank you for taking the time to share your story.

I was disappointed to read what you had to say and on behalf of the NHS I would like to apologise for you and you're daughter's experience. I would be grateful if you would consider contacting me to provide further details in order to share your concerns with the appropriate manager.

You can find the latest stories at <https://www.careopinion.org.uk/> and searching 'mental health', or checking out our website <https://www.seemescotland.org/health-social-care/>

