

Pre-course evaluation wheel

Please indicate to what extent you agree with the statements given in each box at the beginning of the workshop. Mark with an X inside the appropriate level in the wheel. The centre scores 1 meaning you strongly disagree with the statement and the outer ring scores 5 meaning you strongly agree with the statement.

The diagram is a circular evaluation wheel divided into four quadrants by a vertical and a horizontal dotted line. The quadrants contain the following statements:

- Top-left: **I understand mental health stigma and discrimination**
- Top-right: **I'm aware of the impact of stigma and discrimination**
- Bottom-left: **I know about strategies to reduce stigma and discrimination**
- Bottom-right: **I know where to go for support and resources**

The wheel consists of five concentric rings. The innermost ring is labeled '1', and the rings are numbered 2, 3, 4, and 5 moving outwards. The numbers are placed in the lower-right quadrant of each ring.

Please hand back to the facilitator before you go. Thanks and have a great day!